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[**Tom Holt**](http://www.brainyquote.com/quotes/quotes/t/tomholt390205.html)  Public opinion is a permeating influence, and it exacts obedience to itself; it requires us to drink other men's thoughts, to speak other men's words, to follow other men's habits.  [**Walter Bagehot**](http://www.brainyquote.com/quotes/quotes/w/walterbage402122.html)  Reading, after a certain age, diverts the mind too much from its creative pursuits. Any man who reads too much and uses his own brain too little falls into lazy habits of thinking.  [**Albert Einstein**](http://www.brainyquote.com/quotes/quotes/a/alberteins133807.html)  Right discipline consists, not in external compulsion, but in the habits of mind which lead spontaneously to desirable rather than undesirable activities.  [**Bertrand Russell**](http://www.brainyquote.com/quotes/quotes/b/bertrandru124450.html)  Spirit of place! It is for this we travel, to surprise its subtlety; and where it is a strong and dominant angel, that place, seen once, abides entire in the memory with all its own accidents, its habits, its breath, its name.  [**Alice Meynell**](http://www.brainyquote.com/quotes/quotes/a/alicemeyne157586.html)  Successful people are simply those with successful habits.  [**Brian Tracy**](http://www.brainyquote.com/quotes/quotes/b/briantracy382287.html)  Superstitions are habits rather than beliefs.  [**Marlene Dietrich**](http://www.brainyquote.com/quotes/quotes/m/marlenedie379063.html)  Television is like the invention of indoor plumbing. It didn't change people's habits. It just kept them inside the house.  [**Alfred Hitchcock**](http://www.brainyquote.com/quotes/quotes/a/alfredhitc116856.html)  The awareness that health is dependent upon habits that we control makes us the first generation in history that to a large extent determines its own destiny.  [**Jimmy Carter**](http://www.brainyquote.com/quotes/quotes/j/jimmycarte403566.html)  The conscious and intelligent manipulation of the organized habits and opinions of the masses is an important element in democratic society.  [**Edward Bernays**](http://www.brainyquote.com/quotes/quotes/e/edwardbern164812.html)  The demands of the present must stand above the political habits of the past.  [**Matt Blunt**](http://www.brainyquote.com/quotes/quotes/m/mattblunt175756.html)  The golden hour of invention must terminate like other hours, and when the man of genius returns to the cares, the duties, the vexations, and the amusements of life, his companions behold him as one of themselves - the creature of habits and infirmities.  [**Isaac Disraeli**](http://www.brainyquote.com/quotes/quotes/i/isaacdisra374016.html)  The habits of life form the soul, and the soul forms the countenance.  [**Honore De Balzac**](http://www.brainyquote.com/quotes/quotes/h/honoredeba397045.html)  The only proper way to eliminate bad habits is to replace them with good ones.  [**Jerome Hines**](http://www.brainyquote.com/quotes/quotes/j/jeromehine201364.html)  The only way people are going to change their car buying habits, and the only way government will get behind alternatively fueled vehicles, is if gasoline prices continue to go up.  [**Alexandra Paul**](http://www.brainyquote.com/quotes/quotes/a/alexandrap404286.html)  The pains of disconcerted or frustrated habits, and the inherent pleasure there is in following them, are motives which nature has put into our wills without generally caring to inform us why; and she sometimes decrees, indeed, that her reasons shall not be ours.  [**Chauncey Wright**](http://www.brainyquote.com/quotes/quotes/c/chaunceywr319940.html)  The question is not only what is grown but what it's used for. There's not going to be a mass transformation of dietary habits in rich countries-on the contrary, the first thing people do when they become more prosperous is to buy more meat.  [**Susan George**](http://www.brainyquote.com/quotes/quotes/s/susangeorg245150.html)  The simplest principles become difficult of practice, when habits, formed in error, have been fixed by time, and the simplest truths hard to receive when prejudice has warped the mind.  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